



Northern, Eastern and Western Devon
Clinical Commissioning Group

Developing the local CAMHS Transformation Plan

1. Introduction

1.1 Scene setting

In May this year, NHS England announced plans to develop a major service transformation programme to significantly reshape the way services for children and young people with mental health needs are commissioned and delivered across all agencies over the next 5 years. NHS England set out initial objectives of this transformation programme as:

- Developing evidence based community Eating Disorder Services for children and young people
- Rolling out the Children and Young People's Improve Access to Psychological Therapies Programme (IAPT)
- Improving access to perinatal care

An important part of this programme is the development of local Transformation Plans for each Clinical Commissioning Group (CCG) area.

Further planning guidance was published in August 2015. This guidance explains that local Transformation Plans should set out real improvements for the whole system. This should include the changes, partnerships and investment decisions that will be made to: promote good mental health and build resilience in children and young people; get serious about prevention; intervene early when problems arise; and address unacceptable variations in mental health services for children and young people.

The local Transformation Plans are to be underpinned by the input of children and young people themselves. They are also to be underpinned by partnership working across the system. This includes the completed plans being signed off by Health and Wellbeing Boards. This paper is presented to the Plymouth Health and Wellbeing Board to:

- Describe the planning requirements, including assurance processes
- Set out the scope, design features and resource framework
- Outline the local process for developing the Transformation Plan
- Propose an approach for Health and Wellbeing Board engagement and sign off

Plymouth Health and Wellbeing Board is asked to consider the planning process and agree an approach for sign off for the CAMHS Transformation Plan prior to submission to NHS England for assurance purposes.

1.2 NHS England Assurance

To ensure the local Transformation Plans are of a high standard they will be subject to an assurance process led by NHS England. There are two potential dates for assurance. The CCG is working to develop the draft plan by the first NHS England assurance window of 18th September 2015, although our intention is to then use the time to refine the plan and submit the final draft for the second assurance window on 16th October 2015.

The planning process is associated with the allocation and release of over £1.5 million funding for the CCG area. CCGs will need to evidence that the local Transformation Plan is aligned to the requirements and the plan will need to be deemed satisfactory through the assurance process before full funding is released. This assurance process is expected to be completed and associated funding released to CCGs by the first week in November 2015.

It is expected that Transformation Plans will become 'living documents' that local areas will wish to review and develop both 'in year' and within the mainstream organisational planning processes commencing from 2016/17 onwards.

2. Scope of the Transformation Plan

2.1 Future in mind

The context for the local Transformation Plan is set out in *Future in Mind*¹ which describes the Government's aspirations for children and young people and sets out that by 2020 for children and young people with mental health needs there will be:

- Improved crisis care, right place, right time, close to home
- Improved transparency and accountability across the system
- A better offer for the most vulnerable children and young people
- Improved public awareness, less fear, stigma and discrimination
- Timely access to clinically effective support
- More evidence based outcomes focused treatments
- More viable and accessible support
- Professionals trained in child development and mental health
- Model built around the needs of children and young people (move away from tiered model)
- Improved access for parents to evidence based programmes of intervention and support

¹ https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

2.2 Design features

Local Transformation Plans will need to span the full spectrum of service provision. They should improve perinatal care, roll out IAPT, develop evidence based eating disorder services and ensure the needs of all children, including the most vulnerable, are addressed within the plan priorities². Additional national guidance has been published for eating disorders³. At the present time guidance is awaited for perinatal care.

CCGs will need to demonstrate that their local Transformation Plans:

- Have been designed with, and are built around the needs of, children and young people and their families;
- Are based on the mental health needs of children and young people within the local population;
- Provide evidence of effective joint working both within and across all sectors including NHS, public health, Local Authorities, social care, youth justice, education and the voluntary sector;
- Include reference to other improvement initiatives such as the Crisis Care Concordat;
- Include evidence that plans have been developed collaboratively with NHS England Specialised Commissioning and Health and Justice Commissioning teams;
- Promote collaborative commissioning approaches within and between sectors
- Clarify status within the IAPT programme
- Include the level of investment by all local partners commissioning children and young people's mental health services for the period April 2014 to March 2015;
- Include spend on services directly commissioned by NHS England on behalf of the CCG population;
- Will be published on the websites for the CCG, Local Authority and any other local partners;
- Are based on delivering evidence based practice and focused on demonstrating improved outcomes;
- Make explicit how you are promoting equality and addressing health inequalities;
- Will be monitored by multi-agency boards for delivery supported by local implementation / delivery groups to monitor progress against your plans, including risks;
- Include baseline information for April 2014-March 2015 on referrals made, accepted, and waiting times;
- Include workforce information, numbers of staff including whole time equivalents, skills and capabilities;
- Include measurable, ambitious Key Performance Indicators;
- Have been costed and are aligned to the funding allocation that will be received;
- Take into account the existing different and previous funding streams including the MH resilience funding (Parity of Esteem).

² <http://www.england.nhs.uk/wp-content/uploads/2015/07/local-transformation-plans-cyp-mh-guidance.pdf>

³ <http://www.england.nhs.uk/wp-content/uploads/2015/07/cyp-eating-disorders-access-waiting-time-standard-comm-guid.pdf>

2.3 Resource framework

The planning process is associated with the allocation and release of funding for each CCG area, pending the plan being deemed to be satisfactory through the assurance process. The published financial detail for NHS Northern, Eastern and Western Devon CCG is described in the table below.

Extract from NHS England Funding Tables - Northern, Eastern and Western Devon CCG

| | |
|---|------------|
| Total weighted populations with SMR<75 adjustment and uplifted by ONS population growth to 2015 | 919,443 |
| Shares of weighted populations | 1.61% |
| Initial allocation of funding for eating disorders and planning in 2015/16 | £481,669 |
| Additional funding available for 2015/16 when Transformation Plan is assured | £1,205,666 |
| Minimum recurrent uplift for 2016/17 and beyond if plans are assured | £1,687,335 |

The Health and Wellbeing Board will be aware that Southern Devon and Torbay CCG will also submit a local Transformation Plan and both CCGs are looking at the areas within these plans where there are benefits of working together.

3. Local arrangements

3.1 Developing the plan

The CCG Partnerships commissioning team spanning both Devon and Plymouth will be leading this process, working closely with local authority and public health colleagues, providers and other parties to develop a clear and credible local CAMHS Transformation Plan. A small planning team has been established and activities include:

- Baseline data collation, including needs, activity, workforce and views from a range of prior engagement of children and young people
- Developing the local principles and priorities for the plan including outcomes and key performance indicators
- Engaging a range of stakeholders through an event and other engagement opportunities towards the end of September to ensure views are taken into account
- Drafting the planning document and templates to ensure a quality local Transformation Plan

A summary of the NHS England requirements of Transformation Plan submissions is provided as an appendix. Summaries and full drafts of the Plan will be circulated to key stakeholders in the latter half of September 2015. The will be discussed at the CCG Governing Body on 7th October 2015 ahead of submission to NHS England on 16th October 2015.

3.2 Health and Wellbeing Board

The CCG is providing this initial information to the Health and Wellbeing Board at the meeting on 1st October 2015 and this will be followed by circulation of the draft plan for comment ahead of the final draft submission on 16th October 2015. As there is not a further Health and Wellbeing Board meeting before submission, it is requested that arrangements are put in place for sign off by the Chair for submission recognising that the plan will be a 'living document' and will continue to be updated and included in the CCG wider planning process in due course. It will also be important to discuss how the Health and Wellbeing Board will continue to engage in relation to the delivery of the CAMHS Transformation Plan and associated outcomes for children and young people.

J McNeill, Associate, 1st September 2015

Appendix 1: Summary of areas covered for the local Transformation Plan

In addition to a narrative plan, the Transformation Plan includes a series of planning templates requiring a range of information and evidence which spans:

- Leadership and development of the plan, including the partnerships in place
- Objectives and principle changes to be achieved and how the offer will look
- Progress against the national ambitions set out in 'Future in mind'
- Requirements of a structured programme of transformation support
- Self-assessment evidence in relation to:
 - Engagement and partnership
 - Transparency
 - Level of ambition
 - Addressing equality and health inequalities
 - Governance
 - Measuring outcomes
 - Finance
- Compliance and plans for Eating disorder services, including redirection of resources
- Local CAMHS priorities, financial detail and KPI's
- Assurance and sign off